

grain & grill

BAR & RESTAURANT

SUNDAY LUNCH MENU / LÓN AN DOMHNAIGH

STARTERS / MAR THÚS

Soup of the Day €5.50

Served with our home-made brown bread.
Contains Allergen 6 (wheat), 8, 12

West Coast Seafood Creamy Chowder €7.50

Served with our home-made brown bread.
Contains Allergen 1, 2, 3, 6, 7, 8, 12

Chicken Caesar Salad €9.50

Cos Lettuce, Bacon, Garlic Croutons, Parmesan
Cheese, Creamy Dressing
Contains Allergen 3(anchovy) 6(wheat), 7, 8, 12

Home Made Seafood Fish Cake €9.50

A blend of fresh fish bound with dill potato, Baby
Leaves, sweet chili sauce
Contains Allergen 3 6(wheat),7,8,11,12

Goats Cheese Tartlet €9.50

Red Onion Marmalade, Basil Dressed Rocket,
Balsamic Reduction
Contain Allergens 6(what), 7, 8, 12

Allergen index:

No 1 & No 2 Shellfish, No 3 Fish, No 4 Peanuts,
No 6 Cereal, No 7 Milk/Dairy, No 8 Soya,
No 9 Sulphur Dioxide, No 10 Sesame Seeds,
No 11 Egg, No 12 Celery & Celeriac,
No 13 Mustard, No 14 Lupin

Producer & Supplier Information

All our beef and chicken is from certified Irish farms.
Our suppliers are Heaney Meats, Pallas Foods,
Brakes Food Services, Galway Bay Sea Foods,
Glynns and Total Produce.

MAINS / PRÍOMHCHÚRSAÍ

Traditional Roast of Irish Beef €15.95

Housekeepers Cut, Yorkshire pudding,
House Gravy
Contain Allergens 7, 8, 9, 12

Roast honey Glazed Loin of Bacon €13.95

Served with Savoy Cabbage, Parsley Cream Sauce
Contains allergens 7, 8, 9

**Roast Stuffed Turkey Crown &
Honey Baked Ham** €15.95

Savory Sage Stuffing, Red Wine Jus
Contain Allergens 6, 7, 8, 9, 12

Chicken Parmigiano €14.95

Grilled Breast of Chicken Finished in Tomato Sauce,
Melted Mozzarella Cheese, Pesto Dressed Rocket
Contains allergens 7, 8, 9, 12

Grilled Fillet of Fresh Silver Hake €15.95

with Almond & Herb Crust, Lemongrass Cream
Contains Allergen 3, 7, 8, 12

Penne Pasta €11.50

Stir Fry Vegetable, with Chefs Tomato & Basil
Sauce, Parmesan Cheese
Contain Allergens 6, 7, 8, 11, 12

DESSERTS / MILSEOGA

Traditional Homemade Tiramisu €5.50

with Tia Maria, Chocolate Ice-Cream
Contain Allergens 5, 6(wheat) 7, 11

Apple Flan €5.50

Cinnamon, Raisins, Crème Anglia's, Vanilla Ice Cream
Contain Allergens 6, 7, 11

Baileys Cheesecake €5.50

Fruit Coulis, Strawberry Ice-Cream
Contain Allergens 5, 6(wheat) 7, 11

Selection of Ice Cream €4.95

Contain Allergens 7, 11

Maldron Hotel Sandy Road

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FÁILTE GO DTÍ

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