

FÁILTE GO DTÍ  
grain&grill

RESTAURANT

LUNCH MENU / BIACHLÁR LÓN

Maldron Hotel Sandy Road

## STARTER / MAR THÚS

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<b>Soup of the Day</b> <i>Served with homemade brown bread</i> Contains allergen 6 (Wheat), 7, 8, 11, 12	€4.90
<b>West Coast Creamy Seafood Chowder</b> <i>Delicious seafood chowder served with homemade brown bread</i> Contains allergen 2, 3, 6 (Wheat), 7, 8, 11, 12	€7.50
<b>Chicken Wings</b> <i>Served with BBQ sauce, celery sticks &amp; baby leaves, blue cheese dressing</i> Contains allergen 6 (Wheat),	€7.90
<b>Golden Crumbed Brie Cheese Wedges</b> <i>Fresh local leaves, cherry tomatoes, cucumbers, grated carrot, cranberry sauce</i> Contains allergen 6 (Wheat), 7, 8, 11, 12	€7.90

## SALADS / SAILÉADAÍ

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<b>Cajun Chicken Caesar Salad</b> <i>Cajun chicken, cos lettuce, bacon, garlic croutons, parmesan cheese, creamy dressing</i> Contains Allergen 3(anchovy), 6(wheat),7, 8, 12	€9.95
<b>Super House Salad</b> <i>Fresh local leaves, chickpeas, cherry tomatoes, cucumbers, grated carrot, roasted butternut squash, sunflower seeds, lemon &amp; orange vinaigrette</i> <i>Add freshly grilled chicken (€3.00)</i> Contains allergen 8	€7.95
<b>Tuna &amp; Green Beans Salad</b> <i>Cos lettuce, tuna flakes, cherry tomatoes, baby potato, green beans, black olives, house dressing</i> Contain allergens 3,8,12	€8.95

## SANDWICHES & WRAPS / CEAPAIRÍ 7 FILLTEOG

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<b>Spicy Tandoori Chicken Wrap</b> <i>with baby spinach, red onion, mozzarella cheese, tomato relish</i> Contains Allergen 6(wheat),8,11,13	€8.95
<b>BLT</b> <i>Bacon, lettuce, tomato, mayonnaise on Waterford Blaa</i> Contains Allergen 6(wheat),8,11,13	€8.95
<b>Traditional Toasted Ham &amp; Cheese</b> <i>on white bloomer</i> Contain allergens 6(wheat) 7,8,11,13	€7.50
<b>Chicken Ciabatta</b> <i>Chicken, red onion, cheese, garlic mayonnaise in ciabatta</i> Contain allergens 6(wheat),7,8,9,13	€7.95
<b>Falafel Wrap</b> <i>Falafel, rocket Leaves, homemade hummus, basil pesto</i> Contain allergens 5,6(wheat),7,8,9,12	€7.95
<b>Brie &amp; Turkey Panini</b> <i>Brie, sliced turkey, salad leaves, cranberry mayonnaise in a panini</i> Contain allergens ,6(wheat),7,8,9,10,12	€7.95

All Served with a portion of French fries or bowl of soup and coleslaw

## MAIN COURSE / PRÍOMHCHÚRSA

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<b>Catch of the Day</b> <i>Please ask your server for our catch of the day</i> Contain allergens 3,7,8,12	€13.50
<b>Roast of the Day</b> <i>Please ask your server for our roast of the day</i> Contain allergens ,7,8,12	€13.50
<b>Dish of the Day</b> <i>Please ask your server for our dish of the day</i> Contain allergens ,7,8,12	€12.50
<b>Tagliatelle Carbonara</b> <i>Creamy bacon &amp; mushroom in a cream sauce topped with parmesan cheese, garlic bread</i> Contains allergens 6 (wheat), 7,8,9,11,1	€11.00
Add Grilled Chicken	€3.00
<b>Homemade Vegetarian Green Curry</b> <i>Stir-fried vegetables, basmati rice &amp; warm naan bread</i> Contains allergen 6(wheat), 7, 8,12	€11.00
Add Grilled Chicken	€3.00
<b>Spinach and Ricotta Cheese Tortellini</b> <i>Red and green pesto sauce, parmesan shavings</i> Contains allergen 6(wheat), 7, 8,11,12	€11.95

## SIDES / AR AN TAOBH - €2.95

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<b>Fresh Market Vegetables</b> Contains allergen 7
<b>Creamed Potatoes</b> Contains allergen 7
<b>French Fries</b> Contains allergen 8
<b>Side Salad</b> Contains allergen 8
<b>Basmati Rice</b>

## DESSERT / MILSEOG

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<b>Warm Apple Flan</b> <i>with chantilly cream, vanilla ice cream</i> Contain allergens 6(wheat),7,11	€4.50
<b>Warm Dark Chocolate &amp; Pecan Brownie</b> <i>with raspberry pureé, chocolate ice cream</i> Contain Allergens 5, 6(wheat) 7, 11	€4.50
<b>Cheesecake of the Day</b> Contain allergens 6(wheat),7,11	€4.50
<b>Selection of Ice Cream</b> <i>in a wafer basket</i> Contain allergens ,7,11	€4.50

Maldron Hotel proudly uses local suppliers.  
We try to source local product where it is possible and support local business.

Our local suppliers:  
Heaney Meats Galway-Fresh meats  
Galway Bay Seafood- Fresh fish & seafood

Maldron Hotel proudly serves only 100 % prime Irish beef.  
Total Produce Galway-Fresh vegetables and potatoes  
Pallas food, Brakes food services  
Glynns Oranmore-Fresh vegetables and potatoes

### Allergen Index

No. 1 & 2 Shellfish, No. 3 Fish, No. 4 Peanuts, No. 5 Nuts,  
No. 6 Cereals containing Gluten, No. 7 Milk, No. 8 Soya, No. 9 Sulphur Dioxide, No. 10 Sesame Seeds, No. 11 Egg,  
No. 12 Celery and Celeriac, No. 13 Mustard, No. 14 Lupin