

grain & grill

BAR & RESTAURANT

LUNCH MENU / BIACHLÁR LÓIN

Available 12.00 noon - 3.30 pm daily

LIGHT BITES / MIASA ÉADROMA

Today's fresh soup of the day €5.50
Served with our home-made brown bread.
Contain allergens 6 (wheat), 7, 8, 12

Western Bay seafood chowder €7.50
Creamy west coast seafood chowder with our home-made brown bread.
Contains allergens 1, 2, 3 (cod, smoked coley and hake), 6 (wheat), 7, 8, 12

Homemade seafood fish cake €8.50
A blend of fresh fish bound with dill potato and served with dressed baby leaves and sweet chili sauce.
Contains allergens 3 (salmon, cod, smoked coley), 6 (wheat), 7, 8, 11

Cajun chicken caesar salad €10.50
Cajun chicken, cos lettuce, bacon, garlic croutons, parmesan cheese and creamy caesar dressing.
Contains allergens 3 (anchovy), 6 (wheat), 7, 8, 12

Mediterranean salad €8.50
Greek style salad, baby leaves, feta cheese, black olives, red onion, cherry tomato, basil pesto.
Contain allergens 5, 7, 8, 12

SANDWICHES / WRAPS / CEAPAIRÍ / FILLTEOGA

Spicy tandoori chicken wrap €9.00
With baby spinach, red onion mozzarella cheese, tomato relish.
Contains allergens 6 (wheat), 8, 11, 13

BLT Waterford blaa €9.00
Grilled bacon, lettuce, tomato and mayo.
Contains allergens 6 (wheat), 8, 11, 13

Tuna melt on homemade soda bread €9.00
With sweetcorn and cheddar cheese.
Contain allergens 3, 6 (wheat) 7, 8, 11

Brie cheese on ciabatta bread €9.00
Served with sundried tomatoes, basil pesto and dressed rocket.
Contains allergens 6 (wheat), 7, 8, 9

All served with a portion of French fries

SIDES / AR AN TAOBH

Add any side for only €3.25
Chips
Seasonal vegetables (13)
Onion rings (6, 7, 11)
Steamed rice
Dressed salad (12, 13)
Creamed mash (7)

Allergen index:

No 1 & No 2 Shellfish, No 3 Fish, No 4 Peanuts, No 6 Cereal,
No 7 Milk/Dairy, No 8 Soya, No 9 Sulphur Dioxide, No 10 Sesame Seeds
No 11 Egg, No 12 Celery & Celeriac, No 13 Mustard, No 14 Lupin

MAIN COURSES / PRÍOMHCHÚRSAÍ

Catch of the day €13.00
Please ask your server for our fish of the day.
Served with mixed vegetables and potato.
Contain allergens 3, 7, 8, 12

Roast of the day €13.50
Please ask your server for our roast of the day. Served with mixed vegetables and potato.
Contain allergens 7, 8, 12

Bacon and cabbage €11.50
Roast honey glazed loin of bacon with savoy cabbage, parsley cream sauce. Served with mixed vegetables and potato.
Contain allergens 7, 8, 12, 13

Thai green chicken curry €13.50
Stir fry vegetables, served with rice & naan-bread.
Contain allergens 6(wheat), 7, 8, 12

Grilled breast of chicken €12.95
Cooked in tomato sauce, melted mozzarella cheese, pesto dressed rocket. Served with mixed vegetables and potato.
Contain allergens 7, 8, 9, 12

Home-made beef burger €12.50
Sesame seed bun, cheese, mixed leaves, tomato served with side salad and fries.
Contain allergens 1, 6 (wheat), 7, 8, 10, 11, 12

Spaghetti bolognese €13.50
Homemade Irish beef ragout & tomato sauce.
Contain allergens 6 (wheat), 7, 8, 9, 11, 12

Traditional fish & chips €14.95
Served with French fries, fresh salad, and lime tartar sauce.
Contains allergens 1, 2 (cod), 3, 6 (wheat), 7, 8, 11

Tagliatelle pasta €11.00
With basil pesto, red peppers, black olives and feta cheese. Add Chicken €3.00
Contain allergens 6 (wheat), 7, 8, 11, 12

DESSERTS / MILSEOGA

Warm apple pie with chantilly cream, vanilla ice cream €4.50
Contain allergens 6 (wheat), 7, 11

Warm dark chocolate & pecan brownie, raspberry puree chocolate ice cream €4.50
Contain allergens 5 (nut trace, Pecan), 6 (wheat), 7, 11

Cheesecake of the day €4.50
Contain allergens 6 (wheat), 7, 11

Selection of ice cream €4.50
Contain allergens 7, 11

Producer & Supplier Information

All our beef and chicken is from certified Irish farms. Our suppliers are Heaney Meats, Pallas Foods, Brakes Food Services, Galway Bay Sea Foods, Glynn's and Total Produce.

Maldron Hotel Sandy Road

🌐 maldronhotelsandyroadgalway.com

FÁILTE GO DTÍ

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