

## Light Bites

**Rustic soup of the day (v) (ac) ..... €4.95**  
Served with fresh baked breads (Contains allergens 6, 7, 12)

**Western Bay seafood chowder (ac) ..... €6.95**  
A blend of haddock, cod, & salmon cooked in rich a dillisk cream with soda bread (Contains allergens 1 & 2, 3, 6, 7, 12)

**Sticky Creole coated chicken wings..... SM €7.95**  
Blue cheese mayo (Contains allergens 6, 7, 8, 9, 12, 13) LG €11.95

**Homemade fish cakes ..... €7.25**  
A blend of fresh fish, bound with dill potato & bread crumbs with cucumber yoghurt (Contains allergens 1, 3, 6, 7, 11)

## Sandwiches / Wraps

All sandwiches served with salad garnish and chips

**Seared Black Angus Irish sirloin steak sandwich..... €12.50**  
Caramelised onion, on toasted ciabatta, chips and peppercorn sauce (Contains allergens 6, 7, 11, 12, 13)

**Grilled chorizo slivers & peri peri chicken ..... €7.95**  
Honey mustard dressed salad on focaccia bread (Contains allergens 6, 7, 8, 11, 12, 13)

**B.L.T (ac) ..... €7.95**  
Grilled maple bacon, lettuce, tomato & mayo, on a toasted ciabatta (Contains allergens 6, 7, 8, 11, 12, 13)

**Crispy chicken tender wrap ..... €7.95**  
Crumbed strips of chicken with cos lettuce, red onion and Caesar dressing in a flour tortilla (Contains allergens 3, 6, 7, 11, 12, 13)

**Protein packed kale, avocado salsa & hummus wrap (ac) (v) ..... €7.95**  
With multi seeds & yogurt dip (Contains allergens 4, 5, 6, 7, 10, 12, 13)

## Bagel

**Aran smoked salmon poppy seed bagel (ac) ..... €6.95**  
Layers of fresh smoked salmon, dressed salad, in a poppy seed bagel (Contains allergens 3, 5, 6, 7, 13)

## Salads

**Grilled marinated chicken Caesar salad ..... €9.95**  
Baby gem leaves, smoked bacon, croutes, Caesar dressing topped with parmesan (Contains allergens 6, 7, 11, 12, 13)

**Fivemiletown goats cheese salad (ac) (v) ..... €10.95**  
Mixed leaves, beetroot, toasted pinenuts, balsamic reduction and mustard house dressing (Contains allergens 7, 8, 9, 11, 13)

**Our food is cooked to order. Please allow for cooking time.**

## Sides

Chips  
Onion rings (6, 7, 11)  
Dressed salad (12, 13)  
Seasonal vegetables (13)  
Steamed rice  
Creamed mash (7)

**Add any side for only €2.95**

## Delights

**Chef's catch of the day (ac) ..... €10.50**  
Today's fresh fish prepared differently everyday (Contains allergens 3, 12, 13)

**Roast of the day (ac) ..... €10.95**  
With all the trimmings, please ask server (Contains allergens 7, 12)

**Fish & chips ..... €12.50**  
Fresh local cod in a crispy ale batter, served with chips, mushy peas and tartare sauce (Contains allergens 3, 6, 7, 9, 11, 12, 13)

**Irish Angus beef burger / Peri chicken escalope ..... €11.95**  
Crispy bacon, melted cheese & tomato relish in a brioche bun served with chips (Contains allergens 6, 7, 11, 12, 13)

**Vegetarian chickpea burger (v) ..... €10.95**  
A blend of carrots, corn, celery, roasted chickpeas, spinach, bound in aromatic spices & oats, served on a toasted bun and mixed leaves salad (Contains allergens 6, 7, 10, 12, 13)

**Wok fried veg stir fry (av) (ac) ..... €9.95**  
Cooked in aromatic Asian spices, bound with egg noodles or rice noodles  
Add chicken €2 add Tiger prawns €3  
(Contains allergens 1 & 2, 3, 6, 8, 9, 11, 12, 13)

**Traditional homemade lasagne ..... €10.95**  
A traditional beef bolognaise, layered with fresh pasta sheets, coated in a creamy cheese sauce, dressed leaf salad (Contains allergens 6, 7, 11, 12, 13)

**Homemade chicken goujons ..... €10.50**  
Fresh strips of chicken rolled in a Cajun crumb, served with salad, chips & crushed sweet chilli mayo (Contains allergens 6, 7, 11, 12, 13)

**Spice mixed bean stew ..... €9.95**  
Slow cooked root vegetables with a mix of beans and aromatic spices and steamed rice (Contains allergens 12)

**Spinach & mozzarella ravioli (ac) (v) ..... €9.95**  
Handmade ravioli with a rich marinara sauce and pesto oil  
Add chicken €2 (Contains allergens 6, 7, 9, 11, 12)

## Something Sweet

**Chilled cheesecake of the day**  
**Lemon meringue pie**  
**Baked orchard sweet apple crumble**  
**Delicious dark chocolate brownie**

**All desserts only €4.50 served with cream & ice cream**  
(Desserts may contain 5, 6, 7, and 11)

### Allergen Index

- |                   |                       |
|-------------------|-----------------------|
| 1. & 2. Shellfish | 8. Soya               |
| 3. Fish           | 9. Sulphur Dioxide    |
| 4. Peanuts        | 10. Sesame Seeds      |
| 5. Nuts           | 11. Egg               |
| 6. Cereal         | 12. Celery & Celeriac |
| 7. Milk           | 13. Mustard           |

### Producer & Supplier Information

All our beef and chicken is from certified Irish farms. Our suppliers are Heaney Meats, Pallas Foods, Brakes Food Services, Mary's Fish, Glynn's and Total Produce.

**maldron**  
HOTEL  
SANDY ROAD • GALWAY